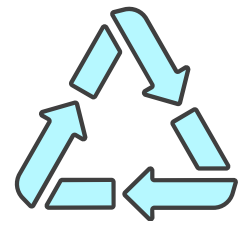


What Can I Recycle?



It is no secret that recycling is a very important action we can all take to better our environment. One of the reasons recycling is so important is because it helps reduce the amount of pollution released into the environment. Another reason why we should recycle is because most of the materials that get recycled are reused to make more goods. This is helpful because reusing materials requires less energy than using new materials, which helps preserve many of our natural resources.



Because recycling is so important, it is good to know exactly what should and should not be recycled. Sometimes it can be a little bit tricky to tell if a piece of trash should be recycled or not. Recycling something that shouldn't be recycled can become a problem down the road. Here is a list of things that should always be recycled .

- Aluminum/Metal
- Glass
- Paper
- Plastic
- Cardboard

Activity

Test your knowledge on what should and should not be recycled! For this activity, draw a line from each item into the blue recycling bin if it should be recycled, and into the grey trash bin if it should be thrown away but not recycled.

