



Ways to Live Sustainably

Living sustainably is not always easy, but there are a few everyday things you can do that make a big difference.

Living sustainably means reducing your impact on the environment by limiting your dependence on natural resources. Sustainable living is something that should be more widely practiced, considering the state of the planet today. Natural resources like fossil fuels and water are being depleted faster than can they can be replaced. Climate change is also becoming more prevalent than ever before. Choosing to live sustainability will help preserve our planet and its resources! For this activity, you will be creating a sustainability poster to help your family live sustainably!

Materials

- Piece of paper
- Markers



Step 1

Chose a sustainability tip from the list below, or create your own tip to living sustainably. Once you have your idea, write it on a poster and decorate it. Hang it somewhere in your house that will help your family remember to try to implement more sustainable practices into their everyday lives!

Ways to Live Sustainably

- Open the blinds more to reduce turning on lights
- Hang wet clothes on a drying rack to reduce use of drier
- Time your showers, the shorter the better!
- Grow as much of your own food as you can
- Unplug any devices and appliances you aren't using
- Turn off the lights when leaving the room
- Use reusable containers rather than plastic bags
- Bring your own bags to the grocery store
- Don't buy plastic water bottles, use a reusable bottle

Bring Your Own Reusable Bags to the Grocery Store!

